

SABAS

ITALIAN TAPAS & BAR

PANE E BRUSCHETTA

BREAD VE	3.5	PIZZA GARLIC BREAD (6") VE	5
OLIVES VE	3.5	With mozzarella V	5.25
GARLIC CIABATTA VE	3.5	With tomato VE	5.25
		With tomato and mozzarella V	5.5
BRUSCHETTA CLASSICA VE		Toasted bread topped with marinated tomatoes	4.5
BRUSCHETTA VEGETALE VE		Toasted bread topped with grilled vegetables	4.5
BRUSCHETTA CALABRESE		Topped with spicy nduja salami	5
BRUSCHETTA SARDA		Toasted bread topped with soft pecorino cheese	5

PANINI SANDWICHES Available 12pm - 5pm

PANINO MILANESE		Ciabatta sandwich with breaded chicken, salad and mayo	7
PANINO BISTECCA		Ciabatta sandwich with strips of steak, rocket and parmesan shavings	8
PANINO VEGETARIANO V		Ciabatta sandwich with grilled Mediterranean vegetables and mozzarella	7
PANINO POLPETTE		Ciabatta sandwich with meatballs, mozzarella and napoli sauce	7.5
PANINO PROSCITTO ITALIANO		Ciabatta sandwich with Italian ham and salad	6.5
PANINO P.L.T.		Ciabatta sandwich with pancetta, lettuce and tomato	7

(All served with fries, chips or mixed salad)

PIZZA 12" Vegan mozzarella available

MARGHERITA V	8.5
SARDA	9.5
PROSCIUTTO E FUNGHI	9.5
ROMANA	9.5
VALTELLINA	11
FRUTTI DI MARE	11
VEGETARIANA V	9.5
AL PESTO V	9
SALSICCIA SECCA	9.5
VIA VENETO	10
AMERICANA	9.5
NDUJA	9.5

OUR MENU

Everything is cooked to order and will arrive as it is ready. If you would prefer a more traditional meal, in separate courses, just let us know.

Our menu is designed for you to share a selection of dishes with your party so we serve tapas size portions (with the exception of pizzas and sharing boards which are more substantial).

TAPAS ITALIANI

VEGETALI E FORMAGGIO

CAPRESE VEGF	6.5
BUCCE DI PATATE V	3.5
FRIES OF CHIPS VE	3.5
ROSEMARY ROAST POTATOES V	3.5
INSALATA MISTA VEGF	3.5
INSALATA DI RUCOLA GF	4.5
VERDURE IN TEMPURA V	6

DI TERRA

POLLO CON PAPRIKA GF	6
SALSICCIA SARDA GF	7
AFFETTATO MISTO GF	7.5
POLPETTINE	6.5
TAGLIATA DI MANZO GF	12.5

DI PESCE

GAMBERONI GF	9.5
COZZE	7.5
SPIEDINI DI GAMBERI GF	PER SKEWER 3
BRANZINO IN PADELLA GF	9

FRITTI FRIED ITALIAN STREET FOOD

ARANCINI	5.5
MOZZARELLA IN CAROZZA V	6.5
POLLO MILANESE	7
CALAMARI FRITTI	7.5

TALLERSI SHARING BOARDS Designed for 2 to share

FORMAGGI MISTI	10.5
FRITTO MISTO DI PESCE	16.5
BRUSCHETTA MISTI	9.5
BURRATA	7.5/13.5
TALLERI SARDU	16

PASTA E RISOTTO TAPAS STYLE PORTION Gluten free pasta available

SPAGHETTI AL RAGÙ SARDO	7.5
SPAGHETTI ALLO SCOGLIO	9
SPAGHETTI CARBONARA	7.5
PENNE ROMANA	7
PENNE ORTALANA V	7
RAVIOLI DI CASA	8.5
RISOTTO CON VERDURE GRIGLIATE V	8

If you have an allergy or intolerance to any particular ingredient please let us know. However, due to the open nature of our kitchen it is impossible for us to guarantee the complete absence of any allergens in our menu items, despite taking all necessary precautions in food preparation. An optional 10% gratuity, shared between the staff on duty, is added to each bill.